

CPR/Heartsaver/BLS Community Class Logistics

Heartsaver classes cover CPR for adult, infant, and child as well as choking relief and AED use. The heartsaver class is intended for lay community members as opposed to health care providers. One can add a first aid unit. It just makes the class a little longer. The maximum number of folks per class is 8 (because we don't have two instructors at the HD).

Each heartsaver card costs **\$17** from the American Heart Association (AHA).

Please note that if you are a healthcare provider or need Basic Life Support recertified to work within the health care field, I will accommodate and change the class to BLS. The cost for that card is **\$4.00**. The cost of the card is standard and is dictated by the AHA.

Cards fees are waived for MRC volunteers. If interest in signing up as an MRC volunteer, please click here: <https://mdresponds.health.maryland.gov/>. You will receive digital cards within 3 weeks of the scheduled class.

Upcoming classes for community members:

- ***Wednesday, April 30th @ 5 pm - 8 spots available***
- ***Wednesday, May 20th @ 4pm - 8 spots available***
- ***Wednesday, June 17th @ 5 pm - 8 spots available***
- ***Wednesday, July 22nd @ 4pm - 8 spots available***
- ***Wednesday, August 26th @ 4pm - 8 spots available***
- ***Wednesday, September 23rd @ 5 pm - 8 spots available***
- ***Wednesday, October 21st @ 4pm - 8 spots available***
- ***Wednesday, November 4th @ 5 pm - 8 spots available***
- ***Wednesday, December 16th @ 4pm - 8 spots available***

Classes will be taught in the lower floor conference room of Dorchester County Health Department at 627 Race Street in Cambridge, Maryland.