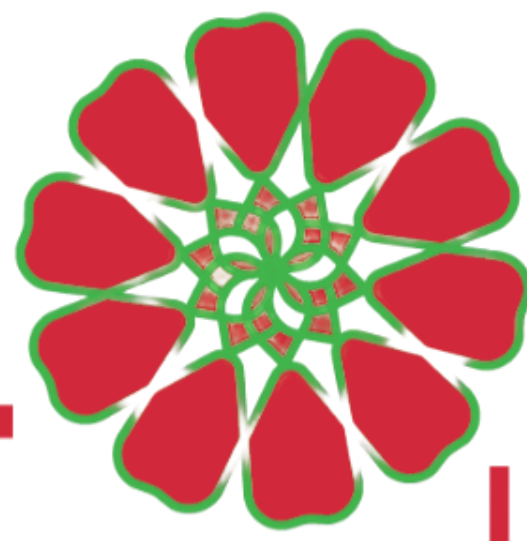


MID SHORE
Dignity.
Empowered By The
Women & Girls Fund
Period.
PROJECT



YOU MATTER
SO DOES YOUR
MENSTRUAL HEALTH

Scan the QR codes to learn more



Menstrual Health
& Hygiene



Your First Period

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PERIOD POVERTY IS VERY REAL.

Worldwide, there are social, cultural, economic, & political barriers to accessing menstrual products.

These barriers create circumstances where students are missing school, & adults are missing work. Lacking access to these essentials can be detrimental to a person's health, as well.

We are here to change this.



LEARN MORE ABOUT OUR MISSION
AND HOW YOU CAN HELP

SCAN TO VIEW OUR WEBSITE