

LEARN ABOUT

Life-Saving Bleeding Control Training THROUGH



10 am June 15, 2026

**Dorchester County Health Department
627 Race St., Cambridge, MD 21613**

Minutes count! Someone who is severely bleeding from an injury such as a car crash, a gunshot or accidental wound can bleed to death in as little as 5 minutes.

That's why the R Adams Cowley Shock Trauma Center's Center for Injury Prevention & Policy offers FREE life-saving bleeding control training through STOP THE BLEED®.

R ADAMS COWLEY
SHOCK TRAUMA
CENTER



UNIVERSITY of MARYLAND
MEDICAL SYSTEM

LEARN MORE and **REGISTER** for a
training class: umm.edu/stopthebleed



CENTER FOR INJURY PREVENTION & POLICY