



Are you Living with a Brain Injury?

Do you need help?

Hearing the words “BRAIN INJURY” can be overwhelming.

You likely have countless questions racing through your mind: What is a brain injury? What are the long-term effects? Where can I find answers and support for myself or a loved one?

Through an award from the [Maryland Brain Injury Trust Fund](#), individuals with brain injury who qualify can receive supportive services at no cost.

The Brain Injury (BI) Trust Fund supports Marylanders who have limited or no resources in order to access services to help with recovery and home, work and community success after a brain injury.

These services include:

- Neuropsychological screening
- Resource facilitation

If you know someone who may be eligible, encourage them to reach out for help:

**Email TBIHelp@hirrs.org
or call 301-309-2228**

Eligible individuals must:

- Be a US citizen and a resident of Maryland at the time of injury
- Have a documented brain injury
- Have income at or below 300% of the federal poverty level
- Have exhausted all other benefits or resources for these services
- [Find additional program eligibility \(https://mgaleg.maryland.gov/2026RS/Statute_Web/ghg/ghg.pdf\)](https://mgaleg.maryland.gov/2026RS/Statute_Web/ghg/ghg.pdf).

