Version: Aug 2026

FALL 2026 VACCINES

	Influenza (Flu) Vaccine	RSV Immunization	Covid-19 Vaccine
Who is eligible?			
INFANTS & CHILDREN	**All children 6 months and older** Some children 6 months to 8 years may need multiple doses AAP, CDC	**All infants <8 months old and children 8-19 months with risk factors** AAP, CDC **OR**	**All children 6-23 months old, children 2-17 years old with risk factors or if parents desire vaccination** AAP
PREGNANCY	**All** At any point in pregnancy ACOG, CDC	**32-36 weeks gestation** ACOG, CDC	**All** At any point in pregnancy CDC, ACOG
ADULTS 18-50	**All** CDC	None. But if pregnant, see above	**All** CDC, AAFP
ADULTS 50+	**All** mRNA or high-dose, recombinant or adjuvanted flu vaccine preferred for 65+, if avaliable CDC	**All 75+ and adults 50-74 with risk factors** As of now, one lifetime dose of RSV vaccine. CDC	**All** CDC, AAFP
How well do they work?	Reduces the risk of going to the doctor by 30-60%	Reduces risk of severe disease by 80-96%	30-60% additional protection against illness and severe disease
What is avaliable?	Vaccines target three strains of seasonal flu from five pharmaceutical companies. Four are traditional vaccines and one is mRNA vaccine.	**Children:** Monoclonal antibodies nirsevimab or clesrovimab **Pregnancy:** Pfizer vaccine called ABRYSVO **Older Adults:** GSK and Pfizer (protein) or Moderna (mRNA)	Vaccines are updated targeting XFG, an Omicron subvariant Options: Pfizer (mRNA; 5+) Moderna (mRNA; 6 months+), Novavax (protein; 12+)
When should I get it?	October is ideal, as vaccine protection wanes over a season	**Infants:** Oct.-Mar. **Pregnancy:** Sept.-Jan. **Older Adults:** Now as protection durable	For protection against severe disease, get it now. Recently infected? Wait 4-6 months

Your Local Epidemiologist